

# Recitation 1 Solutions

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## 1.1.9

For any  $x, y \in \mathcal{R}^n$ , from the second order expansion (see Appendix A, Proposition A.23) we have

$$f(y) - f(x) = (y - x)' \nabla f(x) + \frac{1}{2} (y - x)' \nabla^2 f(z) (y - x), \quad (1)$$

where  $z$  is some point of the line segment joining  $x$  and  $y$ . Setting  $x = 0$  in (1) and using the given property of  $f$ , it can be seen that  $f$  is coercive. Therefore, there exists  $x^* \in \mathcal{R}^n$  such that  $f(x^*) = \inf_{x \in \mathcal{R}^n} f(x)$  (see Proposition A.8 in Appendix A). The condition

$$m \|y\|^2 \leq y' \nabla^2 f(x) y, \quad \forall x, y \in \mathcal{R}^n,$$

is equivalent to strict convexity of  $f$ . Strict convexity guarantees that there is a unique global minimum  $x^*$ . By using the given property of  $f$  and the expansion (1), we obtain

$$(y - x)' \nabla f(x) + \frac{m}{2} \|y - x\|^2 \leq f(y) - f(x) \leq (y - x)' \nabla f(x) + \frac{M}{2} \|y - x\|^2.$$

Taking the minimum over  $y \in \mathcal{R}^n$  in the expression above gives

$$\min_{y \in \mathcal{R}^n} \left( (y - x)' \nabla f(x) + \frac{m}{2} \|y - x\|^2 \right) \leq f(x^*) - f(x) \leq \min_{y \in \mathcal{R}^n} \left( (y - x)' \nabla f(x) + \frac{M}{2} \|y - x\|^2 \right).$$

Note that for any  $a > 0$

$$\min_{y \in \mathcal{R}^n} \left( (y - x)' \nabla f(x) + \frac{a}{2} \|y - x\|^2 \right) = -\frac{1}{2a} \|\nabla f(x)\|^2,$$

and the minimum is attained for  $y = x - \frac{\nabla f(x)}{a}$ . Using this relation for  $a = m$  and  $a = M$ , we obtain

$$-\frac{1}{2m} \|\nabla f(x)\|^2 \leq f(x^*) - f(x) \leq -\frac{1}{2M} \|\nabla f(x)\|^2.$$

The first chain of inequalities follows from here. To show the second relation, use the expansion (1) at the point  $x = x^*$ , and note that  $\nabla f(x^*) = 0$ , so that

$$f(y) - f(x^*) = \frac{1}{2} (y - x^*)' \nabla^2 f(z) (y - x^*).$$

The rest follows immediately from here and the given property of the function  $f$ .

**1.2.10**

We have

$$\nabla f(x) - \nabla f(x^*) = \int_0^1 \nabla^2 f(x^* + t(x - x^*))(x - x^*) dt$$

and since

$$\nabla f(x^*) = 0,$$

we obtain

$$(x - x^*)' \nabla f(x) = \int_0^1 (x - x^*)' \nabla^2 f(x^* + t(x - x^*))(x - x^*) dt \geq m \int_0^1 \|x - x^*\|^2 dt.$$

Using the Cauchy-Schwartz inequality  $(x - x^*)' \nabla f(x) \leq \|x - x^*\| \|\nabla f(x)\|$ , we have

$$m \int_0^1 \|x - x^*\|^2 dt \leq \|x - x^*\| \|\nabla f(x)\|,$$

and

$$\|x - x^*\| \leq \frac{\|\nabla f(x)\|}{m}.$$

Now define for all scalars  $t$ ,

$$F(t) = f(x^* + t(x - x^*))$$

We have

$$F'(t) = (x - x^*)' \nabla f(x^* + t(x - x^*))$$

and

$$F''(t) = (x - x^*)' \nabla^2 f(x^* + t(x - x^*))(x - x^*) \geq m \|x - x^*\|^2 \geq 0.$$

Thus  $F'$  is an increasing function, and  $F'(1) \geq F'(t)$  for all  $t \in [0, 1]$ . Hence

$$f(x) - f(x^*) = F(1) - F(0) = \int_0^1 F'(t) dt \leq F'(1) = (x - x^*)' \nabla f(x) \leq \|x - x^*\| \|\nabla f(x)\| \leq \frac{\|\nabla f(x)\|^2}{m},$$

where in the last step we used the result shown earlier.

**1.2.8**

By the definition of  $d^k$ , we have

$$\|d^k\| = \max_{1 \leq i \leq n} \left| \frac{\partial f(x^k)}{\partial x_i} \right| \leq \|\nabla f(x^k)\|.$$

If  $\{x^k\}$  is a sequence converging to some  $x$  with  $\nabla f(\bar{x}) \neq 0$ , then  $\nabla f(x^k) \rightarrow \nabla f(\bar{x})$ , so that  $\{\nabla f(x^k)\}$  is bounded, which in view of the above relation implies that  $\{d^k\}$  is bounded. Furthermore, since

$$\nabla f(x^k)' d^k = - \max_{1 \leq i \leq n} \left| \frac{\partial f(x^k)}{\partial x_i} \right|^2 \leq - \frac{1}{n} \sum_{i=1}^n \left| \frac{\partial f(x^k)}{\partial x_i} \right|^2 = - \frac{1}{n} \|\nabla f(x^k)\|^2,$$

it follows that

$$\limsup_{k \rightarrow \infty} \nabla f(x^k)' d^k \leq - \frac{1}{n} \lim_{k \rightarrow \infty} \|\nabla f(x^k)\|^2 = - \frac{1}{n} \|\nabla f(\bar{x})\|^2 < 0.$$

Therefore the sequence  $\{d^k\}$  is gradient related, and the result follows from Proposition 1.2.1.